FOOD WASTE PREVENTION

WITH



Prevent food waste in your home! Complete as many activities as you can to practice new ways to reduce waste and save money. A household of four can save up to \$1,600 a year by reducing their food waste!

SUBMIT YOUR BINGO CARD

TAKE PHOTOS AND TAG US FOR A **CHANCE TO WIN PRIZES!**





@WeDontWasteDenver



O @WeDontWaste



SHARE A WE DON'T **WASTE POST** ON SOCIAL MEDIA

EAT OLD BUT SAFE! LEFTOVERS

MAKE A MEAL OUT OF UNUSED **INGREDIENTS**

COMPOST SCRAPS FROM COOKING

MAKE BANANA **BREAD OUT** OF BROWN BANANAS

USE A MEAL PLANNING TOOL

STORE **MUSHROOMS** IN A PAPER BAG

REVIVE WILTED LETTUCE IN **COLD WATER**

MAKE BROTH FROM BONES

VOLUNTEER WITH WE DON'T WASTE

MAKE BROTH FROM VEGGIE CUTTINGS

WRITE DOWN FOOD YOU THREW AWAY TO AVOID ON NEXT GROCERY TRIP



MAKE CROUTONS FROM STALE BREAD

EAT LEFT-OVERS FOR LUNCH

SHOP WITH A GROCERY LIST

ROTATE OLD LEFTOVERS TO THE FRONT OF THE FRIDGE

STORE **CARROTS IN A** CUP OF WATER IN THE FRIDGE

CLEAN **OUT YOUR** FRIDGE

COOK THE RIGHT **PORTION** SIZE

USE WHAT YOU HAVE **BEFORE YOU** SHOP FOR MORE

SUBSCRIBE TO OUR EMAIL **NEWSLETTER**

MEAL PREP

SCRUB **VEGGIES** CLEAN RATHER **THAN PEEL**

FREEZE **FOOD YOU** CAN'T EAT YET