

SUNFLOWER BUTTER YOCURT DIP

gluten free + nut free + vegetarian



Ingredients	<u>Yields</u> : 1.5 cups
1 cup Plain yogurt	
1/2 cup Sunflower butter	
1 tbsp Honey	

View the Recipe Online



Directions

- In a bowl, combine ingredients and whip together. 1
- Serve with any fruits and/or vegetables. Enjoy! 2
- Store leftovers in an airtight container in the refrigerator, 3 they should last up to 4 days.